

RHCS Webinar Series**Patients and families engaged in resilient healthcare systems****Thursday 16th February @ 14.00-15.00 PST (Vancouver time)****Speakers:**

Assistant Professor Harumi Kitamura - Department of Clinical Quality Management, Osaka University Hospital, Japan.

Adjunct Professor Carolyn Canfield – Department of Family Practice at the University of British Columbia, Canada.

Abstract: Patients and their families contribute to the resilience of healthcare systems. This is particularly evident as global health systems experience increased pressure. Dr Harumi Kitamura and Carolyn Canfield will join us to share their insights into how we can create environments that invite patient and family contributions to resilient systems.

Harumi will present research in which she has empowered patients and their families to develop knowledge, confidence and trust in themselves, in their peers and with health professionals. She will point to examples of where this has facilitated successful adaptation to disruption and discuss the challenges faced in doing so.

Carolyn will build on Harumi's talk, referencing the existing literature on patient and family contributions to resilience. She will give examples of how relationships among patients, their communities, clinicians and their institutions can enhance resilience capacity.

There will be time for discussion and questions after the presentations.

Speaker Biographies:

Dr. Harumi Kitamura is an Assistant Professor and Vice Director of the Department of Clinical Quality Management, Osaka University Hospital, Japan. As a nephrologist, she works with patients with chronic kidney diseases, particularly peritoneal dialysis with shared decision-making at the centre of her practice. Harumi is dedicated to patient education, founded a patient group with peritoneal dialysis and held workshops in the World Café style in order to empower peritoneal dialysis patients and to promote their peer-to-peer networking.

Carolyn Canfield is an Adjunct Professor Dept of Family Practice at the University of British Columbia. Carolyn works as a citizen-patient across Canada and internationally to expand opportunities for patients, carers and communities to partner with healthcare professionals to transform health systems. Passionate about collaborative excellence, Carolyn carries the patient perspective into the classroom as co-instructor in Patient Safety and Leadership Synergies for first-year medical and nursing students.